

Advances in radiation oncology in the management of soft tissue sarcoma 放疗于治疗肉瘤的最新发展

## **Brian O'Sullivan**

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#### Concurrent Session 1: Sarcoma 19 May 2017, 11:30 ~ 12:45







# **Principles and Axioms regarding RT**

- Multidisciplinary Management
  - Proper attention to assessment and biopsy
- Local Management (surgery ± radiotherapy):
  - Sufficient clearance from gross disease:
    - Barriers: if intact and resected with the tumour may suffice
    - Distance: tumour in free tissue needs at least 2 cm (surgery alone, or for radiotherapy when indicated)
- Lymph node metastases are uncommon (appreciate which are at risk)
- Oligometastases can be salvaged selectively
  - surgery or SBRT
- Brachytherapy is effective but equivilance is doubtful compared to contemporary RT



## **Subsite considerations**

## Extremity

- Most common soft tissue sarcoma
  - Provides most of the data on local management
- Head and neck
  - Smaller than other subsites: less risk of metastases
  - Major functional, cosmetic, and local control challenges:
    - death is mostly from local disease
  - Some unique pathologies add complexicity
- Retroperitoneal
  - Unique behaviour for many (e.g. low grade liposarcoma)

Enormous size is possible due to location

Slow but inevitable time to recurrence (may be changing)



## Limb Salvage Surgery in extremity (limb) STS

- Possible in 95% + of cases
- Surgery alone is possible if wide margins are achievable (2 cm) without sacrificing critical structures (bone, nerves, vessels)
  - Usually small superficial sarcomas; may require complex repair
- If wide resection is not possible in infiltrating lesions, combined treatment with radiation and surgery is recommended \*

\* Level 1 evidence (several RCTs)





#### JOURNAL OF CLINICAL ONCOLOGY

#### REVIEW ARTICLE

#### Evidence-Based Recommendations for Local Therapy for Soft Tissue Sarcomas

Peter W.T. Pisters, Brian O'Sullivan, and Robert G. Maki

Preop RT

## Pisters P O'Sullivan B Maki R

Treatment Sequencing of External beam RT (most usual approach to adjuvant RT)

#### Treatment Sequencing Trade-Off Issues Postop RT

#### Lower dose (50 Gy) Smaller field size Reduced fibrosis Reduced edema Increased wound complications (35%)

Higher dose (60-66 Gy) Larger field size Increased fibrosis Increased edema Wound complication risk as high as 17%





ARTICLES

 $\ensuremath{\mathfrak{P}}$  Preoperative versus postoperative radiotherapy in soft-tissue sarcoma of the limbs: a randomised trial

Brian O'Sullivan, Aileen M Davis, Robert Turcotte, Robert Bell, Charles Catton, Pierre Chabot, Jay Wunder, Rita Kandel, Karen Goddard, Anna Sadura, Joseph Pater, Benny Zee

Lancet 2002, 359: 2235-41. Published online June 11, 2002

O'Sullivan et al Lancet 2002, 359: 2235-41

#### Major Wound-healing Complications (SR2 randomized trial)

		Pre-op	(%)	Post-op	(%)
Upper extremity	proximal distal	1/18 1/10 0/8	(5) (10) (0)	0/19 0/11 0/8	(0) (0) (0)
Lower extremity	proximal distal	30/70 20/38 10/32	(43) (53) (31)	16/75 15/54 1/21	(20) (27) (5)
Total	p = 0.01	31/88	(35)	16/94	(17)



# NCIC CTG SR2 – late effects

#### Table 4

Function by grade of radiation morbidity and treatment arm

		Muscu	Musculoskeletal Tumor Society Rating Scale		Toronto Extremity Salvage Score		
		n	mean (sd)	Pa	n	mean (sd)	Р
Subcutaneous fibrosis	<2	61	30.5 (7.7)	0.002	54	87.0 (18.2)	0.001
	>2	47	27.7 (7.5)		45	77.1 (19.4)	
Joint stiffness	<2	85	30.8 (7.1)	0.001	76	86.4 (17.0)	0.001
	>2	23	24.2 (7.9)		23	69.4 (21.0)	
Edema	<2	87	30.4 (7.2)	< 0.001	80	85.0 (18.3)	0.01
	>2	21	21.9 (8.6)		19	71.9 (20.3)	
Treatment arm	Pre-op	60	29.9 (7.8)	0.08	64	85.1 (19.3)	0.17
	Post-op	63	28.0 (8.6)		66	81.3 (17.2)	

<sup>a</sup> P-values were calculated by Wilcoxon rank sum test.

Table 3 Late radiation toxicity by treatment arm				
		Preoperative radiotherapy, n=73 (%)	Postoperative radiotherapy, n=56 (%)	
Subcutaneous fibrosis	<2	50 (68.5) <sup>a</sup>	29 (51.8)	
	>2	23 (31.5)	27 (48.2)	
Joint	<2	60 (82.2)	43 (76.8)	
	>2	13 (17.8)	13 (23.2)	
Edema	<2	62 (84.9)	43 (76.8)	
	>2	11 (15.1)	13 (23.2)	

<sup>a</sup> P=0.07 calculated by Fisher's exact test.

#### NCIC SR2 study

#### 129 pts

- Trend towards more late complications with post-op RT patients
- Worse function with increasing grade of RT morbidity
- Association of field size (i.e. volume treated) with worse fibrosis and limb function



## **Current RT techniques (3DCRT or IMRT based)**

- 2 phase II studies investigating 3DCRT/IMRT to spare normal tissue
  - PMH (IMRT only)
    - > 59 pts lower extremity pts only
    - ➢ WCs 30.5%
    - ➢ 5-yr local RFS 88.2%
    - Surgical aspects compared to SR2
      - Vacuum assisted wound closure
      - >90% primary wound closure (70% SR2)
  - RTOG (3DCRT/IMRT)
  - 71 pts upper and lower extremity
    - ➢ WCs 36.6%
    - 2-yr local control 88.6%





PMH: O'Sullivan et al Cancer 2013 RTOG: Wang et al JCO 2015



## **Difference between RTOGs and PMH IMRT trial**

Item	RTOG 0630 (Wang et al 2015)	PMH-IMRT-LE-STS (O'Sullivan et al 2013)	
Technique	3D or IMRT	IMRT alone	
Anatomic site	Upper or lower extremity	Lower extremity	
Chemotherapy	Cohort A: (closed Jan 2010)-induction chemotherapy (50 Gy)-concurrent chemotherapy (44 Gy)	No chemotherapy	
Image guidance	2D or 3D daily image guidance	3D daily online cone-beam CT	
Post-op boost (+margins)	External beam radiotherapy or brachytherapy (LDR, HDR, or IORT)	No postoperative boost	
Primary end-point	Reduction of late morbidity at 2 years by RTOG/EORTC criteria (> grade 2 lymphedema, subcutaneous fibrosis, joint stiffness)	Reduction of wound complications by the SR2 criteria at 120 days	
Secondary end-points	Similar between both studies	Similar between both studies	
Target definitions	CTV high grade: 3 cm longitudinally; 1.5 cm axially	CTV 4 cm longitudinally: 1.5 cm axially. "Flap" is contoured as a region of interest.	

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# The role of radiotherapy in the management of localized soft tissue sarcomas

Siaw Sze Tiong<sup>1</sup>, Colleen Dickie<sup>1</sup>, Rick L. Haas<sup>2</sup>, Brian O'Sullivan<sup>1</sup>

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# **RT Dose and Volume Definition**



Preoperative RT 50 Gy in 25 fx



#### Postoperative RT 60-66 Gy in 30-33 fx



#### Boost 10-16 Gy in 5-8 fx



Int J Radiat Oncol Biol Phys. 2012;84:572-580

Radiation Oncology biology • physics

Critical Review

Radiotherapy for Management of Extremity Soft Tissue Sarcomas: Why, When, and Where?

Rick L.M. Haas, MD, PhD,\* Thomas F. DeLaney, MD, PhD,<sup>†</sup> Brian O'Sullivan, MD, PhD,<sup>‡</sup> Ronald B. Keus, MD,<sup>1</sup> (Écile Le Pechoux, MD, PhD,<sup>11</sup> Patricia Olmi, MD, PhD,<sup>41</sup> Jan-Peter Poulsen, MD, PhD,<sup>47</sup> Beatrice Seddon, MD, PhD,<sup>4+</sup> and Dian Wang, MD, PhD<sup>1†</sup>



MRI-Histological Correlation of "Edema" Resolution of a Radiation Oncology Question by Pathologists, Radiologists and Surgeons

- Tissue sampled from tumor to margin of resection in all six planes
- Presence of tumor cells (<1 cm or >1cm) from nearest tumor edge by light microscopy



Tumor cells present outside of tumor in 10/15 cases (67%)
 <1 cm from tumor = 6/15</li>

>1 cm from tumor = 4/15 up to 4 cm

• Our CTVs have continued to be 4 cm, as used in SR2

"Histological Assessment of Peritumoral Edema in Soft Tissue Sarcoma" White et al Int J Radiat Oncol Biol Phys 2005 http://clinicaltrials.gov/show/NCT00423618

"Randomised trial of Volume of post-operative Radiotherapy given to adult patients with Extremity soft tissue sarcoma (VORTEX)" NCRI UK: PI M.H. Robinson



End-points: Local control and function Toronto Extremity Salvage Score (TESS) Enrollment (March 2006 – July 2011):

- Anticipated 400 patients (required to detect non-inferiority in 2 yr local recurrence free rates of <=10% (80% power).</li>
- Accrual completed after 216 patient, with power to detect difference in TESS of 10 points at 2 years

# VorteX trial ASTRO 2016





### Time to Local Recurrence



#### Late Radiation Morbidity – 2 years

RTOG/EORTC Late Radiation Morbidity Score (Graded 0-5)

Numbers a	re %	Control (N=80)	Research (N=69)	Chi² p
Skin	>=2	29	28	0.870
Sub-cutane	ous >=2	43	32	0.182
Bone	>=2	1	1	0.915
Joint	>=2	9	4	0.276

No difference in late toxicities at follow up time points up to 2 years.

# Overall Survival

#### Control Arm Research Arm 0.25 0.00 n 2 6 Time from randomisation (years) Number at risk Control Arm 108 21 93 61 25 Research Arm 108 92 56

#### Conclusions

- There is no evidence that the use of smaller margins between the GTV & CTV when delivering postoperative radiotherapy to adults with extremity STS improves limb function.
- Patient numbers limit our ability to confirm that the research arm is non-inferior to the control arm in terms of local recurrence.



#### Robinson MH et al

## Post-op RT dose and local control (R0 disease)

- Retrospective multicentre study (SSG)
- Overall 462 pts extremity and truncal STS
- Subset of 245 pts given
   50 Gy postop RT
  - Local control: 84.5%
  - Surgical margins wide or marginal: ~90% LC
  - No apparent difference in local control between doses: 88.1% LC



Jebsen et al IJROBP 2013

## Retrospective study from Bordeaux, France

- Overall 205 pts extremity and truncal STS
- Subset of 163 pts: postop RT, median dose 50.3 Gy
- Negative (R0) margins in 147
- Local control (93%) in R0



Figure 1. Local recurrence-free probability according to resection type.





## Phase III Study of preoperative vs. postoperative IMRT for truncal/extremity soft tissue sarcoma (SR50/50)

Peter Chung MBChB, MRCP, FRCR, FRCPC Mt Sinai Toronto / Princess Margaret Sarcoma Group





Contents lists available at ScienceDirect

#### Oral Oncology

journal homepage: www.elsevier.com/locate/oraloncology



#### Review

#### Management of adult soft tissue sarcomas of the head and neck

#### Remco de Bree<sup>a,\*</sup>, Isaäc van der Waal<sup>b</sup>, Eelco de Bree<sup>c</sup>, C. René Leemans<sup>a</sup>

<sup>a</sup> Department of Otolaryngology, Head and Neck Surgery, VU University Medical Center, De Boelelaan 1117, 1081 HV Amsterdam, The Netherlands <sup>b</sup> Oral and Maxillofacial Surgery / Oral Pathology VU University Medical Center and Academic Centre for Dentistry, Amsterdam, The Netherlands <sup>c</sup> Department of Surgical Oncology, Medical School of Crete University Hospital, P.O. Box 1352, 71110 Heraklion, Greece

- Survival varies from 50 to 80%
- Prognostic factors are tumour grade, margin status and tumour size
- Local control is disappointing (60-70 % range) and usually is the cause of death
- Anatomic constraints:
  - Difficulty obtaining wide surgical margins
  - > Most patients undergo RT, which may also be difficult to deliver





## **Personalizing Pre-op RT in HN STS**

45 year old male with leiomyosarcoma skull base with proptosis and optic nerve compression and tumor abutment of the chiasm



**From:** O'Sullivan, B., J. Wunder and P. W. Pisters. "Target description for radiotherapy of soft tissue sarcoma". In: V. Gregoire, P. Scalliet and K. K. Ang (editors) Clinical target volumes in conformal radiotherapy and intensity modulated radiotherapy. Heidelberg, Springer: 205-227, 2003.





# Our indications: pre-op RT in HN STS

- The need to maximally restrict RT volumes in certain sites (eg. proximity to optic apparatus, spinal cord, brain stem etc.)
- Desire to also minimize RT dose in some anatomic sites (e.g. pharynx, parotid, mandible etc.)
- But be mindful of consequences of wound complications in this location



## **Outcomes (Median FU: 6.6 years)**









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## Local Control by Margin Status

Margin Status	HR(95%CI)	p-value
Close	Reference	
Microscopic+	2.3 (0.3,19.1)	0.43
Negative	2.2 (0.3,17.9)	0.45
Gross+	36.2 (6.6,197.8)	<0.001

Prospective Cohort (n=60), Unpublished Period: 1990 – 2014 Outcomes: Control rates similar to extremity sarcoma



# Angiosarcoma – local treatments

- Very capricious tumor in its typical scalp location, with "multifocality"
- Defeats surgical prediction of where the margin should be, and similarly for radiotherapy
  - Currently for scalp lesions we treat whole scalp electively (IMRT) and often parotid and upper neck on the dominant side
  - RT Responsive but recur unpredictably
  - Careful decisions about interdigitating surgery and radiotherapy, and must treat individually







ORIGINAL ARTICLE

#### Published on Line 2017, cover edition

#### Survival outcomes for cutaneous angiosarcoma of the scalp versus face

Jonathan M. Bernstein, MD, FRCS,<sup>1</sup> Jonathan C. Irish, MD, FRCSC,<sup>1\*</sup> Dale H. Brown, MD, FRCSC,<sup>1</sup> David Goldstein, MD, FRCSC,<sup>1</sup> Peter Chung, MBChB, FRCPC,<sup>2</sup> Albiruni R. Abdul Razak, MB, MRCPI,<sup>3</sup> Charles Catton, MD, FRCSC,<sup>2</sup> Ralph W. Gilbert, MD, FRCSC,<sup>1</sup> Patrick J. Gullane, MB, FRCSC,<sup>1</sup> Brian O'Sullivan, MD, FRCPC<sup>2</sup>

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#### Complex radiotherapy techniques for Angiosarcoma



attention to surface dose needed (real and painted bolus) UNIVERSITY OF TORONTO

- Scalp angiosarocoma has worse survival than Facial primaries (multiple reasons)
- Radiotherapy alone can cure these  $\bullet$ lesions but generally small facial area
- Large fields can be effective  $\bullet$ (unpredictable)
- Surgery normally limited to localised  $\bullet$ plaque-like disease, not the "paintsplatter" version of disease
- We use also use Taxanes with good  $\bullet$ response: local treatment then follows



## **Retroperitoneal STS - Rationale for pre-op RT**

#### **Pre-operative**

### **Post-operative**



#### Tolerance:

- Acute: bowel displaced
- Late: bowel not fixed as well as not displaced

Potential efficacy issues:

- Peritoneal barrier intact
- RT dose more effective
- Cavity not contaminated
- RT target better defined
- RT dose can be enhanced

Question: is radiotherapy of value, and if so what is the timing, dose and technique ?





## IMRT in RPS







# 50G y47.5G y45G y42.75G y



Initial results of a trial of pre-operative external-beam radiation therapy and postoperative brachytherapy for retroperitoneal sarcoma



Jones, et al Annals of Surgical oncology, 9(4): 346-354, 2002

Initial results of a trial of pre-operative external-beam radiation therapy and postoperative brachytherapy for retroperitoneal sarcoma



Jones, et al Annals of Surgical oncology, 9(4): 346-354, 2002



## Preoperative or postoperative radiotherapy versus surgery alone for retroperitoneal sarcoma: a case-control, propensity score-matched analysis of a nationwide clinical oncology database Lancet Oncol 2016; 17: 966-75

Daniel P Nussbaum, Christel N Rushing, Whitney O Lane, Diana M Cardona, David G Kirsch, Bercedis L Peterson, Dan G Blazer 3rd



radiotherapy versus no radiotherapy (A) and postoperative radiotherapy versus no radiotherapy (B)

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#### National Cancer Data Base (NCDB)

Total cohort (localized primary RPS):	9068
Pre-op Radiotherapy (RT)	563
Post-op Radiotherapy (RT)	2215
No Radiotherapy (RT)	6290

Both approaches (pre- vs post-op RT) improve survival Suggestion is that the current EORTC trial may be underpowered

> **WILL Princess** Margaret Cancer Centre

## **EORTC Study (STRASS)**

## Patients with Primary untreated STS of RPS or pelvis



Arm 1: 14, 24, 36, 48 weeks after randomization and Q6 mo thereafter until recurrence or death.

Arm 2: 24, 36, 48 weeks after randomization and Q6 mo thereafter until recurrence or death.

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STRASS -EORTC 62092-22092

NEWSLETTER Issue January 2016

#### Temporary "on hold" for an unplanned interim analysis: if trend towards efficacy for RT, 80 additional patients to be added

#### Status of the trial 4 years after initiation

265/265





STRASS -EORTC 62092-22092 NEWSLETTER Issue January 2016

The STRASS study is activated in 11 European countries and 2 non-european Countries (United States and Canada). In total, 43 institutions are foreseen to participate to this trial. Today 217 patients have been registered as showed on the curve below





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Innovative radiotherapy of sarcoma: Proton beam radiation

Thomas F. DeLaney <sup>a,b,c,d,1</sup>, Rick L.M. Haas <sup>e,\*</sup>

## European Journal of Cancer 62 (2016)



#### From Tom and Rick:



Fig. 4. Axial (a) and sagittal (b) preoperative proton radiotherapy treatment plan in a 34-year-old patient with a radiation-associated malagiant perpheral new sheadh tumour in the scalar nerve, 18 years after chemoradation for living's sarcoma. Protons provided superior femoral sparing and lower integral does them would be achievable with photons.



Fig. 1. Proton Bragg peaks of increasing energy and range (courtesy of Hanne Kooy, PhD, Massachusetts General Hospital, Boston, MA).



"In conclusion, PBT has gained its place among the armamentarium of modern radiotherapy techniques. PBT, if calculated on proper socio-economic grounds, is even quite cost-effective"



# Take Home Points (1)

- Adjuvant RT for Extremity STS
  - Benefit in local disease control, >90%
  - High grade, deep seated, large tumors
- Still need to define who does not need RT
- Adjuvant RT for Retroperitoneal STS
  - Paucity of evidence
  - STRASS Trial has accrued, holding pending Interim analysis
  - Pre-op favorable LC / OS, low toxicity



# Take Home Points (2)

- Two Pre-op prospective phase 2 IGRT extremity trials
  - PMH and RTOG 0630
  - Significantly different irradiated volumes
    - Early reports of reduction in acute / late toxicities
      - Compared to the NCIC SR2 trial (O'Sullivan et al 2002)
- Post- op prospective multicenter trial (extremity)
  - VORTEX UK for Modest reduction in Field Size seems safe (Robinson M, ASTRO 2016)
- Pre-op vs Post-op 50 / 50 Trial accruing
- Role of new Technologies is evolving
- Need to develop approaches with other modalities